



Sacramento Asian Sports Foundation Presents

# YAN CAN COOK

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## Gourmet Adventure

November 9 -19, 2010

### Itinerary—

**Day 1** – Flight from San Francisco to Hong Kong on Cathay Pacific Airline. *Departure: 11/9, midnight.*

**Day 2 – (L) Hong Kong - Beijing** Arrive Hong Kong and Depart for Beijing. Arrive Beijing have lunch and then tour of Olympic sites with local guide. Free evening

**Day 3 – (B,D) Beijing** Optional morning tour-Hutong tricycle tour with special lunch. Afternoon tour: Tianamen Square, Summer Palace, Forbidden City with dinner.

**Day 4 – (B,L,D) Beijing** All Day Tour of Great Wall and Ming Tour with Peking Duck dinner banquet.

**Day 5 – (B,L,D) Beijing - Shenzhen** Leave Beijing for Hong Kong and transport to Shenzhen CAC. Arrive in Shenzhen have lunch and then excursion to specialty kitchen warehouse. Dinner with Martin Yan.

**Day 6 – (B,L,D) Shenzhen (CAC)** Morning tour of Local Market with Martin and cooking classes at CAC with Martin. Dinner with Martin Yan.

**Day 7 – (B) Shenzhen - Hong Kong** Leave Shenzhen at 9 a.m. for Hong Kong. Half day city tour of Hong Kong. Special drop off at designer outlet mall. Free evening.

**Day 8 – (L) Hong Kong - Macau** Special Tour of Lee Kum Kee Manufacturing plant and showroom. Dim Sum Demonstration and lunch. After lunch take ferry to Macau - city tour and visit City of Dreams where Martin Yan is the ambassador. Spend rest of the day in Macau.

**Day 9 – (D) Hong Kong** Free Day and last day in Hong Kong. Farewell Seafood Dinner with Martin Yan.

**Day 10– Hong Kong - San Francisco** Leave Hong Kong for SFO. Departure time to be determined.

**Legend:** B = Breakfast L = Lunch D = Dinner

### Tour information:

Tour will be limited to 45 people. Cost for the 11 day tour is \$3100.00 leaving from San Francisco. Trip includes air fare, hotel accommodations, most meals and ground transportation. Not included in tour cost is transportation to SFO, China visa, airport taxes & fuel surcharges and local tour guides & driver gratuity. **Deposit due 4/15/10 with final payment due 9/1/10.** Optional Hong Kong extension available upon request.

Please contact Karen Cotton for trip applications: 916.739.1616 or [kcotton@fongprinters.com](mailto:kcotton@fongprinters.com).

### Beijing, China —

China's capital is a city the underwent major changes in preparation for the 2008 Olympics. New western hotel's located to welcome the tourist, shopping centers and swanky world class restaurants. Beijing rich is history and over 25 historical sites that will give you an overview of the background of this rich and powerful city. Like many metropolitan cities, Beijing also offers many opportunities to shop in it's many shopping malls and street markets, where you will find bargains galore!

### Shenzhen, China —

Famous throughout Southeast Asia as the ultimate shopping destination, this modern city boasts the best malls in China. You'll find luxury brands as well as everyday items at great prices. It's also a cultural showplace, with a variety of educational and entertaining theme parks.

- Rejuvenate at the Chinese spa or at top-rated Long Island Golf Course.
- Visit "Splendid China", the see replicas of China's most famous sights.
- During free time, you can tour "China Folk Culture Villages." Or visit "Window of the World," and see world landmarks in miniature. Shenzhen also offers zoo/safari and water parks.

### Hong Kong —

A dynamic fusion of Chinese & Western culture, cosmopolitan Hong Kong dazzles 24 hours a day. This international port offers shoppers the latest creations. And if you love classic and cutting-edge food, Hong Kong's amazing restaurants are not-to-be-missed. Top chefs from around the world have long come here to showcase the skills.

- Ride the tram to Victoria Peak for a stunning view.
- Discover exotic fish and shellfish at a live seafood market.
- Take a breathtaking sunset cruise to Lamma Island for dinner.
- Shop at mile-long Temple Street night market and sample Hong Kong's vibrant nightlife.

### Macau—

The Las Vegas of the orient, picturesque Macau is mix of baroque European and Chinese buildings. 400 years ago, Portuguese settlers brought foreign ingredients and cooking techniques to Macau. Blended with native ingredients, a unique cooking style emerged. Today, only a few living chefs carry the secrets to Macanese cuisine.

- Tour ancient A-Ma Temple, the Ruins of St. Paul's Monte Forte and the Wine Museum.
- Experience a signature Macanese (fusion Portuguese/Chinese) lunch while enjoying a 360° panoramic view atop Macau Tower.
- Stroll along cobblestone streets and explore local markets.
- Explore Macau's legendary casinos.